ADULTS		CHILDREN				
niveau		niveau	Description	Colour ski run	Turn	Lift pass
		Piou Piou	1 hour of snow initiation per session. Discovery of the kindergarden, the snowy environment, sliding, games, skiing,	kindergarden		No
		Sifflote	I've never skied before, introduction to skiing on a flat area, introduction to snowplough and snowplough turns.	kindergarden		No free - 5 yo
D é b u t a n t	novice	Ourson	I am learning to be autonomous, to put on and off my skis, to get up by myself, to move around on the flat. Downhill I learn to control my track thanks to snowplough turns.	-11		Ski pass Beginner during the week, instructor notify the participant
		Flocon	I go on the green and easy blue runs. I learn to ski with the big guys and bring the skis parallel between the turns.		v	Ski pass Val Thorens
C I a s s e	1 - 2 weeks experience	1*	I'm perfecting my turns on green and blue runs, and I learn to finish turns with my skis parallel.			Ski pass Val Thorens
C I a s s e 2	3 - 5 weeks experience	2*	The goal is the 'almost parallel' turn, and skidded turns.			Ski pass Val Thorens
		3*	I learn the complete parallel turn and the hokey stop			Ski pass Val Thorens
C I a s s e	5 - 10 weeks experience	*Bronze	Initiation giant slalom. I improve my big and small turns. I work on my agility.			Ski pass Val Thorens
		*Argent	I pass my first timed giant slalom. I refine the rithm and precision of my small turns.			Ski pass Val Thorens
3		*Or	I'm speeding up in slalom. I'm working on my small turns to ski all types of snow and terrain.			Ski pass Val Thorens
C 1	+10 weeks experience 100 % off piste					Ski pass 3 Vallées